





**SAMPLER** 





# Phonological Awareness and Phonics for Reading Readiness and Remediation



Once children learn to read, a whole new horizon opens up for them. For beginning and striving readers, the essential first step in that journey is to identify, sound out, and recognize letters and parts of words. The 3rd Edition of SPIRE Foundations: Sounds Sensible® delivers multisensory instruction through explicit 5-step sequential lessons, with direction from an easy-to-use Teacher's Guide. It helps your students quickly master 20 consonants and short a, preparing them for Level 1 of SPIRE® and for reading success.

In these pages you'll find a sample lesson of SPIRE Foundations: Sounds Sensible. You'll see how its systematic, sequential program of hands-on instruction is equally well suited to give individual students, small groups, or a whole class the foundational skills of phonics and phonological awareness that every reader needs to succeed.

# **Scope and Sequence**

#### **SCOPE AND SEQUENCE**

Instruction is organized by letter, or concept. Each letter is introduced in the order of how the sound of that letter is produced. Easier sounds are taught first. Lessons also focus on helping students identify beginning and ending sounds.

Each letter is taught through three lessons: an Introductory lesson followed by two Reinforcing lessons, one of which is optional. Once a letter is introduced, it is reviewed in the Reinforcing lessons that follow.

#### Stops

**Stops** are produced by completely stopping the air flow, then releasing it quickly. Air flows from your lungs and you stop it with your lips, then release.

**Lesson 1** Letter **p** (unvoiced)

Lesson 2 Letter b (voiced)

Lesson 3 Letter t (unvoiced)

Lesson 4 Letter d (voiced)

**Lesson 5** Letters *c, k* (unvoiced)

**Lesson 6** Letter **g** (voiced)

#### **Fricatives**

**Fricatives** are produced with a constriction of on its way. This results in a sound with a hissing

Lesson 7 Letter f (unvoiced)

Lesson 8 Letter v (voiced)

Lesson 9 Letter s (unvoiced)

Lesson 10 Letter z (voiced)

#### **Beginning and Ending Sound**

Lesson 11 Beginning Sounds for p, b, t, d, c, k Lesson 12 Ending Sounds for p, b, t, d, c, k, g,

#### **Affricate**

An affricate combines a fricative element with

Lesson 13 Letter j (voiced)

#### Nasals

**Nasals** are produced by diverting the air flow through the nose.

Lesson 14 Letter m (voiced)

Lesson 15 Letter n (voiced)

#### Glides

**Glides** are more like vowels because they involve less obstruction to the air flow. Glides are always preceded or followed by a vowel sound to which they "attach" with a gliding of the tongue.

Lesson 16 Letter w (voiced)

#### **Vowels**

**Vowel sounds** are produced with the breath flows out through the mouth without being blocked by the teeth, tongue, or lips.

Note: Blending simple words is also introduced in Lesson 17 Part 2.

Lesson 17 Part 1 Letter a

Lesson 17 Part 2 Letter a

#### Glides

Lesson 18 Letter h (unvoiced)

#### Liquids

**Liquids** are formed differently by the individuals who articulate them. This makes it harder to describe them and these are the most difficult for children to say. It involves some curling of the tongue.

Lesson 19 Letter I (voiced)

Lesson 20 Letter r (voiced)

#### The sound of x

The sound of x is made up of two sounds, /k/ and /s/, which combine to form /ks/.

Lesson 21 Letter x (unvoiced)

#### Glides

Lesson 22 Letter y (voiced)

# **Lesson Overview and Step 1: Listening**

Look through pages 4 through 9 of this booklet to view the Teacher's Guide for an actual SPIRE Foundations: Sounds Sensible introductory lesson.



**Objective:** Students will learn the name of the letter *t*, its sound, and the correct form for manuscript (printed) writing of the letter.

**Behavior:** Students will be able to identify the letter *t* by name, identify its key word, and produce its written form in manuscript.

	Lesson Overview	
	Materials	Activity / Procedure
Step 1: Listening	Optional: Thumb Up and Thumb Down Sheets (Workbook pp. 2–3 or BLM pp. B3–B4)	Word Comparison
Step 2: Rhyming	Rhymes Mat     Introduction to Rhyme Cards 16–22	Introduction to Rhyme
Step 3: Segmentation	Optional: 5 small squares of paper per student	Sentence Segmentation
Step 4: Phoneme- Grapheme Relationships	Phonogram Card t Key Word Concept Sheet t (Workbook p. 12 or BLM p. B28) Mirror Beginning Sounds Cards 11–15 Sound Work Mat Key Word Card t (BLM p. B49)—1 card per student Traffic Light Handwriting Chart Traffic Light Dictation Paper A (Workbook p. 13 or BLM p. B20)	<ul> <li>Introduce t: sound and form</li> <li>Introduce t key word: tap</li> <li>Introduce printing the letter t</li> </ul>
Step 5: Dictation	Traffic Light Dictation Paper F (Workbook p. 73 or BLM p. B25)  Key Word Concept Sheet t (Workbook p. 12 or BLM p. B28)	Sound Dictation     Word Dictation

# Step 1: Listening Word Comparison

Before saying the first word pair, have students practice showing thumb up and thumb down. Students can either use the Thumb Up and Thumb Down Sheets or hold up their hand, make a fist, and then stick out their thumb in the up or down position.

Thumb up means that the sounds you hear are the same. Show me your thumb up.

Check to see that all students are holding up the correct sheet or are pointing their thumb up correctly.

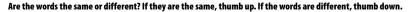
Thumb down means that the sounds you hear are not the same. The sounds are different. Show me your thumb down.

Check to see that all students are holding up the correct sheet or are pointing their thumb down correctly.

I'm going to say two words: tap, dap.

Call on a student to repeat the words. Then have the whole group repeat the words.

# **Step 2: Rhyming**



Follow this format for additional word pairs.

Word Pair 2: dad dad

Word Pair 3: dad tad

Word Pair 4: hit hid

If students need more practice, create additional word pairs that target sound discriminations that students have difficulty with, or use the word pairs from Reinforcing Lesson 3a.

#### Step 2: Rhyming

Introduction to Rhyme

When I put the Rhymes Mat on the table during our lesson, you are going to be saying rhymes. Let's begin.

Put the Rhymes Mat on the table. Hold up Introduction to Rhyme Card 16.

Look at the picture and listen to this rhyme: "Take a look; read a book." What is the rhyme? Yes, "Take a look; read a book." What word rhymes with book? Yes, look rhymes with book.

Put the card on the Rhymes Mat. Use Thumbs Up for Blending to show onset and rime for look and book. Then hold up Card 17.

Listen to the rhyme: "Are they saying 'Hi' or 'Bye'?" What is the rhyme? Yes, "Are they saying 'Hi' or 'Bye'?" What word rhymes with bye? Yes, hi rhymes with bye.

Put the card on the Rhymes Mat. Use Thumbs Up for Blending to show onset and rime for hi and bye.

Repeat the procedure until all seven cards are on the Rhymes Mat:

- 18. Use the broom to clean this room.
- 19. It's a beautiful day to sail away.
- 20. Brush in the morning and at night, to keep your teeth clean and white.
- 21. Bake a cake.
- 22. I really wish to catch a fish.



Introduction to Rhyme Card



Introduction to Rhyme Card (back of card)

(front of card)











Cards and mats support multisensory activities that develop students' ability to identify rhyming sounds and words.



Rhymes Mat

# **Step 3: Segmentation**

#### **Step 3: Segmentation**

#### **Phoneme Segmentation with Words**

In this activity, remember that students are building with chips and saying sounds. No letters are named or seen.

Make sure each student has a Phoneme Segmentation Sheet and a handful of chips.

Tell students they will listen to words and try to figure out the number of sounds in each word. They will place a chip on their Phoneme Segmentation Sheet for every sound they hear in a word. Place a Phoneme Segmentation Sheet on the table to demonstrate.

# Watch as I show you. If I hear the word *hat,* I should say each sound and put a chip for each sound on the line at the bottom of the page.

- Place one chip on the line and say: /h/.
- Place a second chip on the line, next to the first, and say: /ǎ/.
- Place a third chip on the line, next to the second, and say: /t/.

#### Then I will go back to the beginning and touch each chip while saying its sound:

/h/ (touch) /ă/ (touch) /t/ (touch).

#### Finally, I will say the blended word: hat.

Remove the chips from your sheet.

# Let's do hat together. Say hat. Yes, hat. Say each sound in hat and put a chip for each sound on the line at the bottom of your page.

- Place one chip on the line and say: /h/. Have students do the same.
- Place a second chip on the line, next to the first, and say: /ǎ/. Have students do the same.
- Place a third chip on the line, next to the second, and say: /t/. Have students do the same.

#### Now go back to the beginning and touch each chip while saying its sound.

/h/ (touch) /ă/ (touch) /t/ (touch).

Have students repeat: /h/ (touch) /ă/ (touch) /t/ (touch).

#### Finally, say the blended word: hat. Yes, hat.

# Let's try another one. The next word is *fan*. Say *fan*. Yes, *fan*. Say each sound in *fan* and put a chip for each sound on the line at the bottom of your page.

- Place one chip on the line and say: /f/. Have students do the same.
- Place a second chip on the line next to the first and say: /a/. Have students do the same.
- Place a third chip on the line next to the second and say: /n/. Have students do the same.

#### Now go back to the beginning and touch each chip while saying its sound.

/f/ (touch) /a/ (touch) /n/ (touch).

Have students repeat: /f/ (touch) /ă/ (touch) /n/ (touch).

Say the blended word: fan. Yes, fan.

# Step 4: Phoneme-Grapheme Relationships

# Step 4: Phoneme-Grapheme Relationships Introducing Letter t

Hold up Phonogram Card t.

#### The name of this letter is t. What is the name of this letter? Yes, it is t.

Have students repeat the letter name several times.

#### The key word for t is tap.

Have students look at Key Word Concept Sheet t, and discuss the picture with them.

#### t (letter name), tap (key word), /t/ (sound).

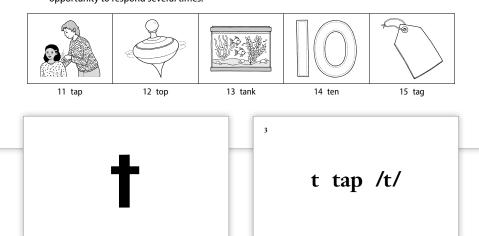
Have students repeat t, tap, /t/ several times.

Pronunciation /t/: Be careful not to put a vowel sound after the letter sound. It is important to make the sound of t without a schwa sound at the end. (Do not say /tuh/.) Have students say the sound for t, and ask them if they feel air coming out. Ask students to pay attention to the position of the tongue for the sound /t/: "Is it in the front of your mouth? Yes, it's behind your teeth." Have them try to close their lips to make the sound. Say: "You don't make the sound for t with your lips as you do with /b/ and /p/. You make a tapping sound when you say /t/." Tell them t is a "tongue tip tapper." Take turns using the mirror to see how the tongue should look when producing the sound correctly.

#### (Beginning Sounds

Hold up Beginning Sounds Cards 11–15, and tell students the name of each picture. Have them listen for the sound /t/ at the beginning of each name.

- Put the Sound Work Mat on the table, solid white side up (blue target side down).
- Spread all five cards, picture side up, on the mat.
- Say a picture name; student repeats and points to the picture.
- Play until students can firmly recall all picture names. If necessary, correct students' articulation of a picture name.
- Pick up and shuffle the cards, hold them up again, and have students say the name of each
  picture, its beginning sound, and its letter name. Alternate turns, giving each student an
  opportunity to respond several times.



Phonogram Card (front of card)

Phonogram Card (back of card)

(Step 4 continued)

# Step 4: Phoneme-Grapheme Relationships

#### (Key Word Card

Give each student Key Word Card t, and say the following words as students listen for /t/ at the beginning of each one. Repeat until firm.

- If a word begins with /t/, students should hold up the Key Word Card.
- If a word does not begin with /t/, students should not hold up any card.

If students make errors, have them repeat the word, say the beginning sound, and say the letter name.

# **Did \_\_\_\_\_\_ begin with /t/, as in** *tap?*pan top tank tip bat tag pie tap pig ten

#### (Letter Formation )

#### Now you can learn how to print the letter t.

Display Phonogram Card t. Point to the letter.

What is the name of this letter? Yes, the name of the letter is t. What sound does it make? Yes, t makes the sound /t/.

Display the Traffic Light Handwriting Chart.



Place your marker on the chart at the red line, positioned to pull the marker down.

#### Watch as I make the letter t.

Print the letter t as you describe the correct way to print it:

# Little letter t begins at the red line, pulls straight down to the green line, and stops. I pick up my marker and cross on the yellow line.

Using the Traffic Light Handwriting Chart, make and describe how to print the letter again.

Have one student at a time come up to the chart and trace the model letter as you describe how to print it. The other students watch and listen.

# Little letter t begins at the red line, pulls straight down to the green line, and stops. Then your finger crosses on the yellow line.

After the students have finished tracing the model letter, print the letter again on the chart and repeat your directions.

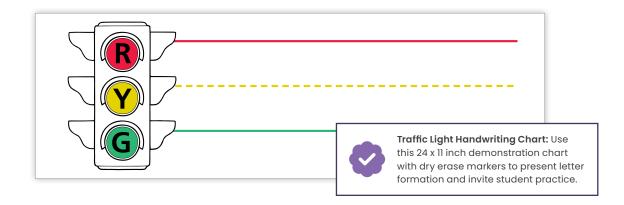
Have one student at a time come back up to the Traffic Light Handwriting Chart. Students should trace the model letter *t* again and then print a *t* next to the model letter. Erase each letter after a student makes it, leaving only the model for the next student. Make sure each student has a turn at the chart.

Then, when students are ready, have them make the letter t on their own, without referring to the model.

Erase the model t from the Traffic Light Handwriting Chart. Ask students to give you directions about how to make the little letter t. Prompt them with questions until you have enough "information" to complete the letter.

#### Where do I begin? Now what do I do?

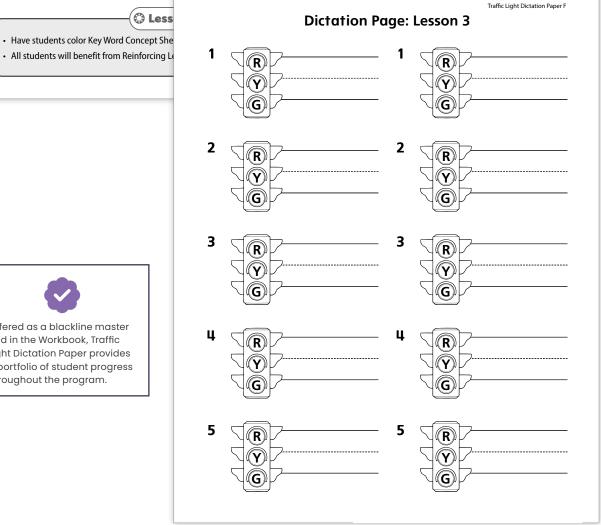
Have students practice making the letter on their own.



# **Step 5: Dictation**

## Step 5: Dictation Students will use Traffic Light Dictation Paper. (Sound Dictation Have students listen carefully as you dictate a sound. Pencils are down. Say the sound and then have students repeat it: /t/. What letter says /t/? Yes, t. Pick up your pencil and write t, saying its name as you write. Students look at the letter they wrote, name it, and say its sound. Repeat the activity with the following sounds: /b/, /t/, /t/, /p/. (Word Dictation Practice dictating words that begin with p, b, and t. Tell students you will say a word. They will repeat the word, say its beginning sound, name the letter, and then write the letter, naming it as they write. Tag. Now you say tag. Yes, tag. What sound do you hear at the beginning of tag? Yes, /t/. What letter name says /t/? Yes, t. Write t, saying its name as you write. Repeat the activity with the following words: bag

Offered as a blackline master and in the Workbook, Traffic Light Dictation Paper provides a portfolio of student progress throughout the program.



# Reinforcing Lesson a and b

**Reinforcing Lesson**  $\alpha$  — reviews previous letters to ensure student retention and continued development of phonic skills.

**Reinforcing Lesson b** — an optional review for those students still struggling to master the concept. It is mainly focused on the letter just taught.

#### **REINFORCING LESSON 3a** Review Letters p, b, t **Lesson Overview** Activity / Procedure Optional: Thumb Up and Thumb Down Sheets (Workbook Step 1: Listening Word Comparison pp. 2–3 or BLM pp. B3–B4) • Introduction to Rhyme Step 2: Rhyming • Introduction to Rhyme Cards 23-29 Step 3: Segmentation • Optional: 5 small squares of paper per student Sentence Segmentation Step 4: • Phonogram Cards p, b, t • Review p, b, t: sound • Key Word Concept Sheets p, b, t (Workbook pp. 6, 8, 12, or • Review key words: pat, bat, tap Grapheme Relationships BLM pp. B26-B28) • Key Word Cards p, b, t (BLM pp. B47–B49)—1 card per student, per letter Beginning Sounds Cards 1–15 Sound Dictation Traffic Light Dictation Paper F (Workbook p. 74 or Step 5: Dictation BLM p. B25) • Word Dictation • Optional: My Letter Sheet (BLM p. B10)

b

d

#### **REINFORCING LESSON 3b**

#### Focus on t and Letter Review

	Lesson Overview	
	Materials	Activity / Procedure
Step 1: Listening	Optional: Thumb Up and Thumb Down Sheets (Workbook pp. 2–3 or BLM pp. B3–B4)	Word Comparison
Step 2: Rhyming	Rhymes Mat     Introduction to Rhyme Cards 30–35	Introduction to Rhyme
Step 3: Segmentation	Optional: 5 small squares of paper per student	Sentence Segmentation
Step 4: Phoneme- Grapheme Relationships	Phonogram Cards p, b, t  Key Word Concept Sheets p, b, t (Workbook pp. 6, 8, 12, or BLM pp. 826–828)  Key Word Cards p, b, t (BLM pp. 847–849)—1 card per student, per letter  Beginning Sounds Cards 1–15  Traffic Light Handwriting Chart  Traffic Light Dictation Paper A (BLM p. 820)	Review <i>p, b, t</i> : sound Review key words: <i>pat, bat, tap</i> Review printing the letter <i>t</i>
Step 5: Dictation	Traffic Light Dictation Paper F (Workbook p. 75 or BLM p. 825) My Letter Sheet (BLM p. B10)	Sound Dictation     Word Dictation



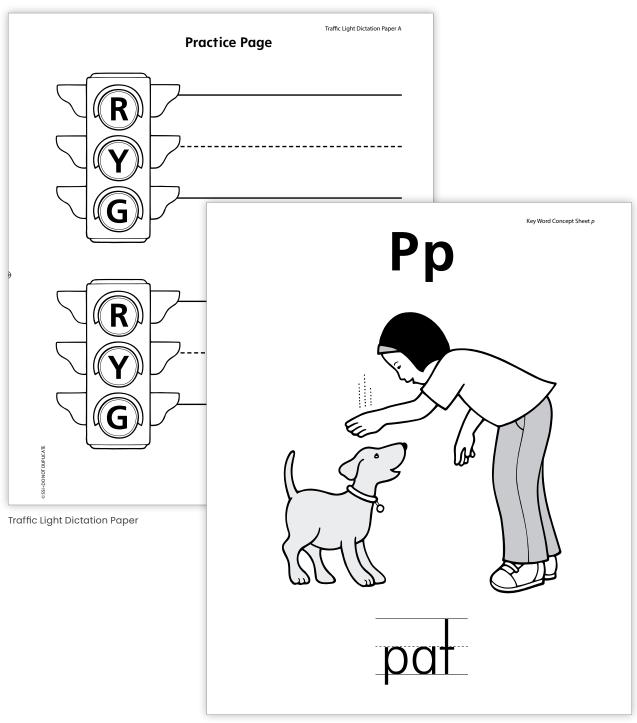
Phonogram Cards (front of cards)

t tap /t/

Phonogram Card (back of card)

# **Student Workbook**

Promotes ease of use, enabling student work to be organized and readily accessible, while reducing instructor preparation time. Instructors can direct students to their workbooks to complete a variety of activities, rather than copying blackline masters from the Teacher's Guide.



Key Word Concept Sheet

(Student Workbook continued)

# **Student Workbook**



Sound Contrast Sheet

# **Multisensory Active Learning**

All lessons incorporate visual, auditory, and kinesthetic strategies into games and teacher-led activities to support phonics instruction and phonemic awareness.

#### Step 4: Phoneme-Grapheme Relationships

#### **Letter Review**

Tell students they will review the sounds for the letters p, b, t, d, c, k, g, f, and v.

Display Phonogram Card v.

#### What is the name of this letter? Yes, it is v.

Repeat until firm. Have students look at Key Word Concept Sheet v.

Who can remember the key word for v? Yes, van is the key word for v. What sound does the letter v make? Yes, the letter v says /v.

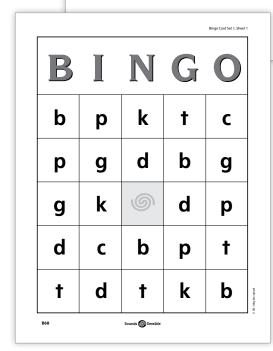
Display Phonogram Cards *p*, *b*, *t*, *d*, *c*, *k*, *g*, and *f*. Ask: Who can tell us the letter name, the key word, and the sound for this letter? After a student responds, have the group echo the response.

Shuffle the cards and repeat the process. (Each student should have the chance to respond at least twice.) At this point, students should automatically respond with letter name, key word, and sound. It is important to hold students to this sequence, as it will develop secure letter-sound knowledge.

#### (Bingo Game

Play Bingo with students using Beginning Sounds Cards 1–47 and Bingo Cards from Set 1. (You may want to have students identify the pictures on the Beginning Sounds Cards before playing.) Directions for this game can be found in the Appendix.

As you play, if a Beginning Sounds Card picture begins with k, make sure to tell students whether the word starts with the letter c or k.



Bingo Card



Go Fish (front of card)



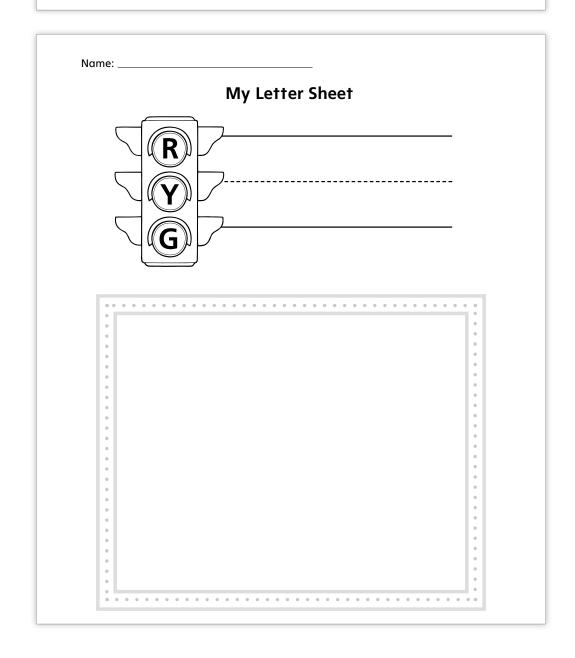
Go Fish (back of card)

# **Lesson Wrap-Up**

The final activity for each letter provides opportunity for practice and future review.

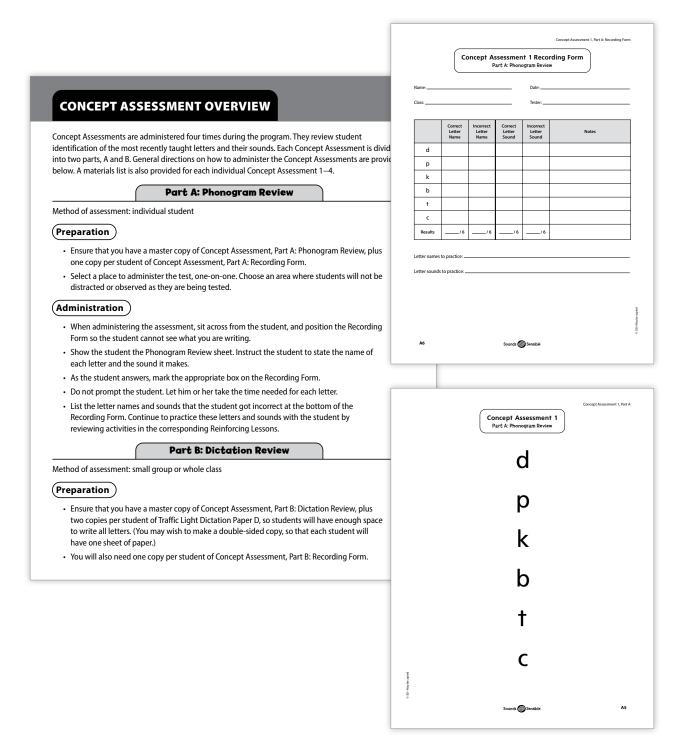
## ( Lesson Wrap-Up

- Students who struggled with Step 5 should continue to Reinforcing Lesson 3b.
- Students who are ready to move on to the next concept should complete the My Letter Sheet. Direct the students to print the letter *t* on the lines at the top of the page and draw a picture of something that begins with the same sound as that letter. Students can share their work.



### **Assessment**

Concept Assessments, administered four times during the program, assess the most recently taught letters.

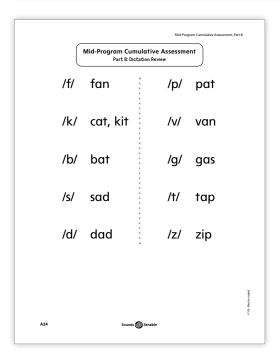


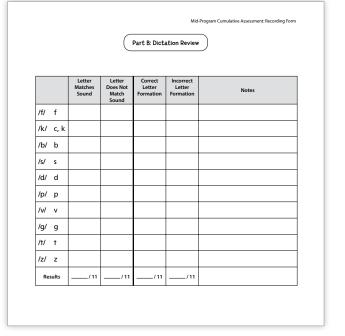
(Assessment continued)

## **Assessment**

Cumulative Assessments, administered mid-program and at the end, are summative.

MID-PROGRAM CUMULATIVE ASSESSMENT				
	Assessment Overview			
Administer After Lesson 12				
	Materials	Objectives		
Part A: Phonogram Review	Mid-Program Cumulative Assessment, Part A: Phonogram Review (p. A23)—master copy     Mid-Program Cumulative Assessment: Recording Form (pp. A26–A28)—1 copy per student	• Name p, b, t, d, c, k, g, f, v, s, z, and state sounds they make		
Method of Assessment: Individual student				
Part B: Dictation Review	Mid-Program Cumulative Assessment, Part B: Dictation Review (p. A24)—master copy     Traffic Light Dictation Paper D (BLM p. B23)—3 copies per student     (Use same Recording Form as above.)	Produce written form of p, b, t, d, c, k, g, f, v, s, z, when letters are named but not shown.		
Method of Assessment: Small group or whole class				
Part C: Rhyme Review	Mid-Program Cumulative Assessment, Part C: Rhyme Review     (p. A25)—1 copy per student plus 1 master copy     (Use same Recording Form as above.)	Identify word that rhymes with target word.		
Method of assessment: small group or whole class				





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